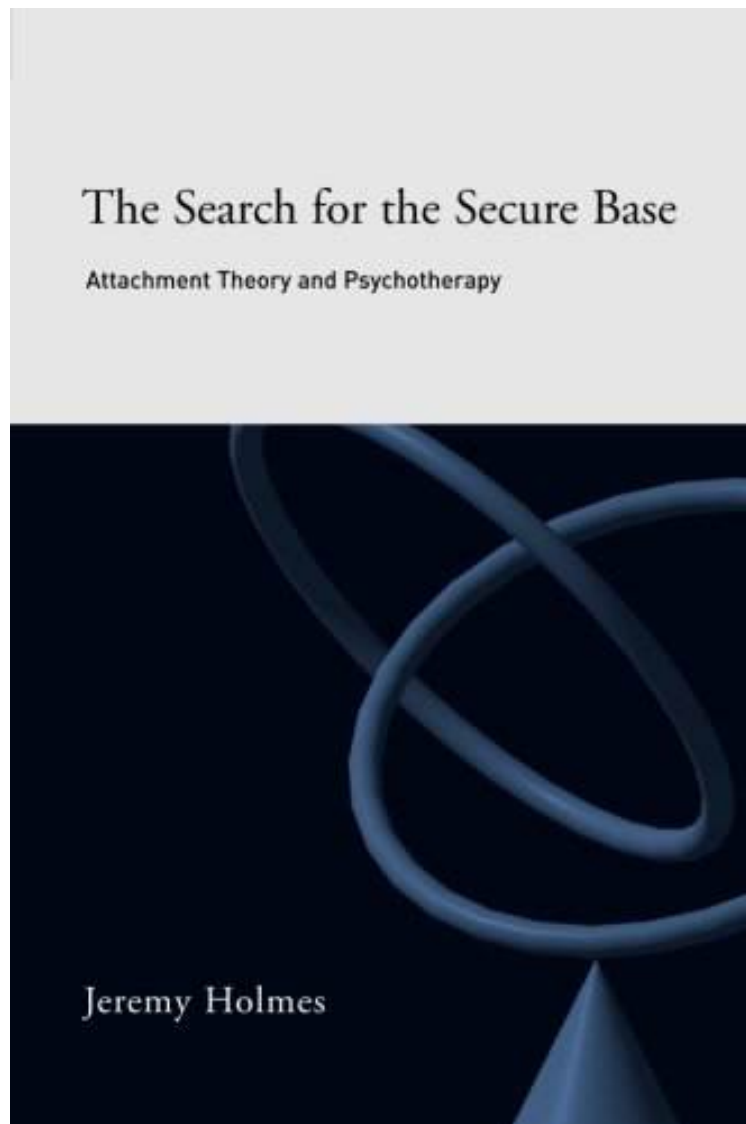


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The Search for the Secure Base: Attachment Theory and Psychotherapy

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1 of 1 review helpful This text was excellent for applying theory of attachment and psychotherapy By Jeanne Piachaud The text provided an excellent grounding of attachment theories and how it is applied in psychotherapy I recommend this text as a reference and resource as a clearly written piece of work that is engaging in clinical examples it is up to date and well informed in the attachment theory and psychoa In recent decades attachment theory has gained widespread interest and acceptance although the relevance of attachment theory to clinical practice has never been clear The Search for the Secure Base shows how attachment theory can be used therapeutically Jeremy Holmes introduces an exciting new attachment paradigm in psychotherapy with adults describing the principles and practice of attachment informed therapy in a way that will be useful to beginners and About the Author Jeremy Holmes is Consultant Psychotherapist in North Devon and Senior Lecturer in Psychotherapy in the University of Exeter He is current chair of the psychotherapy faculty of the Royal College of Psychiatrists He is the author of over 100 pap

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